

# **OPA -Alpencup rules**

## **Ski Jumping and Nordic Combined**

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ORGANIZATION OF THE SKI ASSOCIATIONS  
OF THE ALPINE COUNTRIES



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**Version 8.10.2018**  
**OPA Meeting München**

## **1. General rules for the competition types Alpencup men, Alpencup Ladies, OPA-Games**

### **1.1 Intention**

The competition series serve as a chance to compare levels of performance to young athletes of the disciplines Ski Jumping and Nordic Combined from the Alpine countries and their ski federations (AUT; CZE; FRA; GER; ITA; LIE; SLO; SPA; SUI, AND)

### **1.2 Basis**

Basis for the realization of the competition are the ICR Ski Jumping and Nordic Combined as well as the FIS specifications for competition equipment. All competitions of the Alpencup series and OPA Games have to be listed on the FIS calendar and be supervised by a FIS TD and TDA. This rule set only lists special regulations valid only for the Alpencup competition series.

### **1.3 Competitions – Disciplines**

There are three competition forms: Alpencup Men with the disciplines of Ski Jumping and Nordic Combined, Alpencup Ladies with the disciplines of Ski Jumping and Nordic Combined and the OPA Games in the disciplines of Ski Jumping Boys/Girls and Nordic Combined Boys/Girls.

### **1.4. Period dates**

The Alpencup Men takes place in two annual periods:

First period: September – October

Second period: December – March

The Alpencup Ladies takes place in two annual periods:

First period: July – October

Second period: December – March

The OPA Games will take place annually in the month of February.

A list with all dates has to be announced at the annual OPA spring meetings. It is therefore necessary for the participating OPA countries to hand in an application to host events at the preceding autumn meetings. The respective OPA Coordinators are responsible for creating a competition calendar.

### **1.5 OPA Coordinator**

The Presidential Conference of the OPA names one coordinator for the Alpencup Ski Jumping, and Nordic Combined respectively for a period of two years. These Coordinators are in charge of coordinating the organizers and also responsible for the equipment control and taking measurement of each competitor and recording them in lists. These lists have to be constantly updated and extended. One helper for the OPA Coordinator has to be provided by the OC. If the respective OPA Coordinator is not able to attend an event, a replacement Coordinator has to be named. They have to hold a valid FIS TD license.

## 1.6 FIS Officials

FIS nominated the Technical Delegate (TD) and the Technical Delegate Assistant (TDA). The TD should come from an OPA country (can be a national TD, nominated by FIS) and the TDA from the host country.

## 1.7 Jury/Competition Management

Jury:	Technical Delegate (TD) TD Assistant (TDA) Chief of Competition
Competition Management:	OPA Coordinator Chief of Course (only NC) Equipment Control Ladies

## 1.8 Jumping Judges

Only FIS Jumping Judges and Candidates are accepted. For the foreign jumping judges, the allocation of missions is conducted by FIS, for the four national judged, the national ski federations are responsible. Several foreign judges are permitted as well. For the Alpencup ladies, also national jumping judges can be used.

## 1.9 Competition Evaluation / technical requirements

The company "Ewoxx" will be commissioned with the competition evaluation / video distance measurement / time keeping cross-country skiing (except for AC Ladies and AC Men / OPA Games competitions in Germany and France) and creation of all lists including cup rankings and nations cup rankings. The commissioning of Ewoxx will be done by the OPA Coordinators according to the decision of the OPA meeting. The German and the French Ski Associations have the right to use an own national electronic evaluation system / video distance measurement on their own authority.

In case of the usage of an own system, it's the responsibility of the organizer to import all the data (cup results, nations cup) After every competition the organizer has to hand over a complete result list, the updated cup- and nation results to the coordinators. The manner is defined in a special guideline for organizers. The cup- and nation results contain every competition detailed, not in a bundled form.

To achieve a fair performance it is mandatory to use a 3-phase light system for every competition (AC Men, Ladies and OPA Games)

To support the jury it's also mandatory to use a speed measurement unit for all competitions. (included OPA Games)

If there is no 3-phase light system available on the ski-jump facility, the organizer has to get this on his own expenses.

To register the results in the FIS database and on the website it is necessary to produce the result lists in an xml file and to upload the data to the database.

It's mandatory to hand over all lists (startlist, results of training, competition results - for nc also the jumping results, cup results, nations cup) immediately to the coordinators in electronic form. The form of the lists and the xml file will be fixed in the „Guideline for Organizers“. (only for organizers without ewoxx)

The organizer has to cover the accommodation costs for two to three staff members of Ewoxx (Hotel double room with full board plus one drink of choice per meal), no travel costs. Other Ewoxx-costs will be split between the OPA nations and billed by Ewoxx two times per year, in November and March.

## **1.10 Cup Standings**

### **1.10.1 Individual Evaluation**

The following points will be given for the results in the Alpencup competitions:

1st place = 100 points	16th place = 15 points
2nd place = 80 points	17th place = 14 points
3rd place = 60 points	18th place = 13 points
4th place = 50 points	19th place = 12 points
5th place = 45 points	20th place = 11 points
6th place = 40 points	21th place = 10 points
7th place = 36 points	22th place = 9 points
8th place = 32 points	23th place = 8 points
9th place = 29 points	24th place = 7 points
10th place = 26 points	25th place = 6 points
11th place = 24 points	26th place = 5 points
12th place = 22 points	27th place = 4 points
13th place = 20 points	28th place = 3 points
14th place = 18 points	29th place = 2 points
15th place = 16 points	30th place = 1 points

### **1.10.2 Team Evaluation**

1st place = 200 points	9th place = 40 points
2nd place = 150 points	10th place = 30 points
3th place = 130 points	11th place = 25 points
4th place = 110 points	12th place = 20 points
5th place = 90 points	13th place = 15 points
6th place = 70 points	14th place = 10 points
7th place = 60 points	15th place = 5 points
8th place = 50 points	

### **1.10.3 Yellow Bib**

The leader of the individual overall standings receives a yellow bib. It's mandatory to wear the leader bib in the next competition.

### **1.10.4 Equality of points**

In case of equality in points between competitors, each athlete receives the points corresponding to the rank (the following place is omitted).

### **1.10.5 Overall Ranking Alpencup**

To determine an Alpencup overall winner, all individual competitions of the current summer- and winter season will be taken into account. There are no void results. In case of equality in points between two or more competitors all jumpers are placed on the same rank.

### **1.10.6. Nations Cup Alpencup**

For the Nations Cup, the best eight athletes from one nation in the individual competitions (Alpencup ladies: the best five athletes) and the best team per nation in the team competition count, separately for Ski Jumping and Nordic Combined.

### **1.10.7. Alpencup Final**

The final is carried out with the normal quotes from Alpencup.



## **2.5 Starting Order and Draw**

At the first competition of the season, the starting order will be determined as per ICR in the three or four starting groups. From the second competition onwards, the starting order will be determined as following:

- National Group. If a national federation could not fulfill the national group, three athletes from the organizer nation without cuppoints will be drawn at the first three positions of the starting list.
- Competitors without Cup-points: draw
- All competitors with Cup-points will start in reverse order of the current Alpencup-standings. This means the leader of the overall standings will start at the end in the yellow bib.

## **2.6 Team Competition**

Each nation is entitled to nominate as many teams as the quota allows for. Teams start after the current Nations Cup ranking. All teams will be ranked. Teams with mixed nationalities are permitted but will not be ranked.

## **2.7 Entry fee**

The entry fee is € 8, - per athlete and € 32, - per team and is calculated according to the official start list in each event.

For summer Alpencups: 3,- € roller ski deposit per athlete per race.

## **2.8 Special Regulations**

The summer events in Nordic Combined will generally be held on roller-skis with the exception of a cross-country run being possible, too. The roller-skis will be provided by OPA.

The FIS regulations concerning safety (see FIS rules Summer Grand Prix) have to be followed. At the summer ski jumping events, only commercially available wax may be used.

There are no liquid waxes, oils, creams or fats allowed.



### **3.4 Quota**

For now the number of participants is unlimited. Only athletes with a valid FIS Code are eligible to start. For NC an extra FIS Code is mandatory.

### **3.5 Starting Order and Draw**

At the first competition of the season, the starting order will be determined as per ICR in the three or four starting groups. From the second competition onwards, the starting order will be determined as following:

- National Group. If a national federation could not fulfill the national group, three athletes from the organizer nation without cup points will be drawn at the first three positions of the starting list.
- Competitors without Cup-points: draw
- All competitors with Cup-points will start in reverse order of the current Alpencup-standings. This means the leader of the overall standings will start at the end in the yellow bib.

### **3.6 Team Competition**

Each nation is entitled to nominate as many teams as the quota allows for. Teams start after the current Nations Cup ranking. All teams will be ranked. Teams with mixed nationalities are permitted but will not be ranked.

### **3.7 Entry fee**

The entry fee is € 8, - per athlete and € 24, - per team and is calculated according to the official start list in each event.

For summer Alpencups: 3,- € roller ski deposit per athlete per race.

### **3.8 Special Regulations**

The summer events in Nordic Combined may be held as a cross-country run or a roller-ski race. If roller skis are used, the FIS Safety Guidelines (see NC SGP rules) are valid and poles have to be used. At the summer ski jumping events, only commercially available wax may be used. No liquid waxes, oils, creams or fats are allowed.

For tracks shorter than 5 km the value is 1 min = 20 points

## **4. OPA-Games**

### **4.1 Competition formats**

The following competition formats will be held:

Ski Jumping:	Individual Competition Children/Youth Team Competition (3 persons per team Ladies)
Nordic Combined	Individual Gundersen Children 2 km Individual Gundersen Youth Men 6km /Ladies 4 km Team Competition Men (4 km) Team Competition Ladies 2 km (3 persons per team Ladies)

The Skijumping competition ladies is carried out similar to 3.1. AC Ladies

### **4.2 Age classification of competitors**

The categories are set as following:

Season 2019	Children: born 2004 to 2006 Youth: born 2002 and 2003
Season 2020	Children: born 2005 to 2007 Youth born 2003 and 2004
Season 2021	Children: born 2006 to 2008 Youth: born 2004 and 2005
Season 2022	Children: born 2007 to 2009 Youth: born 2005 and 2006

### **4.3 Quota**

The number of active participants per nation is defined as follows: a maximum of six athletes per class and nation. The host country can provide a national group of two athletes per class, starting in front of the respective class.

### **4.4 Starting Order and Draw**

Individual Competitions: draw in three groups  
Team Competitions: draw in two groups

### **4.5 Team Competition**

For the team competitions, there is only one age category. Male teams consist of four athletes, female teams of 3 athletes. Any number of teams per nation may be registered depending on the number of participants. The second team of each nation has to be a mixed team of two children and two youth participants. All teams are ranked the official daily ranking.

In the ladies' events, the teams can consist of Ski Jumping and Nordic Combined athletes.

#### **4.6 Hill sizes, distance of races, points**

Hill sizes:	between HS 65 and HS 90		
Race distances:	Children Men	4 km	1 min = 20 Pts.
	Children Ladies	2 km	1 min = 20 Pts.
	Youth Men	6 km	1 min = 15 Pts.
	Youth Ladies	4 km	1 min = 20 Pts.
	Team Men	4 km	1 min = 45 Pts.
	Team Ladies	2 km	1 min = 40 Pts.

#### **4.7 Entry fee**

The entry fee is € 8, - per athlete and € 32, - per team (boys) and € 24, - (ladies) and is calculated according to the official start list in each event.

#### **4.8 Special Regulations**

In emergency situations (e.g. too little or too soft snow) a ceramic or a metal track can be used. Such a decision must be discussed with the OPA representative or Coordinator and the jury. The teams have to be informed of such a decision without delay.

In the categories Children and Youth Nordic Combined Ladies, all FIS member nations are eligible to start.

For tracks shorter than 5 km the value is 1 min = 20 points

## **5. Organiser**

### **5.1 Invitations**

The invitations for OPA Alpencup events have to be sent out to the National Ski Associations by the organizers 4 weeks before the event. The draft of the invitation has to be approved by the responsible OPA Coordinator beforehand. The timetable has to be designed according to the organizer guideline. Local requirements have to be taken into account by the organizers.

### **5.2 Accommodation**

#### **5.2.1. Teams**

The costs for travel, accommodation and board have to be covered by the National Ski Associations. The maximum price for full board accommodation may not exceed 65 € per day/person including one drink per meal. This rule is only valid when the organizer is assigned to organize the accommodation for the respective nations.

#### **5.2.2 Officials**

Accommodation and full board in a suitable hotel has to be provided free of charge for all dispatched FIS Officials, OPA Coordinator or replacement, equipment controllers and Ewoxx staff.

### **5.3. Expenses**

In general, expenses are recompensed as described in the FIS ICR with some changes. For the FIS-nominated officials, the organizers have to cover the following expenses:

#### **5.3.1 OPA Coordinator**

Train tickets first class or in case of an arrival by car 0,60 € (tolls included) per kilometer. For the travel days and stay on location, a recompense of 80 € per day has to be paid. plus eventual toll fees.

Travel costs and daily allowance are paid by OPA.

#### **5.3.2 FIS TD**

Train tickets first class or in case of an arrival by car 0,50 € per kilometer-to a maximum of 450 €. In case of arrival together with a team or in a car sharing situation, a payment of 0.15 € per kilometer has to be made, to a maximum of 150 €. For the travel days and stay on location, a recompense of 80 € per day has to be paid. The maximum amount payable is 690 € plus eventual toll fees.

### **5.3.3 FIS TDA National**

If possible, the TDA should come from the region of the organizer. Travel expenses will be recompensed with 0.50 € per kilometer, with a maximum amount of 250 €. In case of arrival together with a team or in a car sharing situation, a payment of 0.15 € per kilometer has to be made, to a maximum of 150 €.

For the travel days and stay on location, a recompense of 80 € per day has to be paid. The maximum amount payable is 490 € plus eventual toll fees.

### **5.3.4 Jumping Judge International**

Travel expenses will be recompensed with 0.50 € per kilometer, with a maximum amount of 450 €. In case of arrival together with a team or in a car sharing situation, a payment of 0.15 € per kilometer has to be made, to a maximum of 150 €. For the travel days, a recompense of 80 € per day has to be paid. The maximum amount payable is 610 € plus eventual toll fees.

### **5.3.5 Jumping Judge National**

FIS Officials with a national nomination for international competitions: The National Ski Associations, respectively the organizers are required to cover the travel expenses for the jumping judges as per their national rules. The maximum amount payable is 410 € per judge.

### **5.3.5 Toll fees for all officials**

Toll fees (not including the normal national toll fee of the respective official) have to be recompensed additionally. As these fees are known and it is only possible to receive receipt at the toll stations after a special inquiry, it is not required to present these to obtain the recompense.

## **6. Equipment Control**

The equipment control is conducted according to FIS Specifications for Competition Equipment. The control is the responsibility of the respective OPA Coordinator. It's his task to take all relevant measurements of the athletes and collect these in a list. These lists are to be continually updated and extended. The respective FIS rules for competition equipment apply.

Every athlete will be measured once in a year (preferably at season start). Only bigger values will be accepted.

The coach of Ski Jumpers who have valid FIS measurements has to present a valid FIS list with the measurements. In Nordic Combined, the OPA Coordinator can directly obtain these measurements from FIS. In Jumping the values from FIS will be obtained from the season 2017/18 on, but only in one direction. The values from Alpencup doesn't count in any higher competition series.

For the female athletes, a female controller educated by the OPA Coordinator has to be used. The payment is equal to the FIS-TD (5.3.2.)

For the OPA Games, the FIS Youth Cup suit and equipment rules are valid.

## 7. Prize Giving Ceremony

The organizers are responsible for the prize giving ceremonies. They have to be held 15 minutes after the end of the competitions. All teams are required to take part.

To be honored are:

### **Individual Events Ski Jumping and Nordic Combined**

- The Top 6 athletes plus the Man/Lady of the Day (see 2.3/3.3) receive prizes (trophies, presents or monetary prizes)

### **Team Event Ski Jumping and Nordic Combined**

- The top 3 teams receive prizes

### **Overall Prize Giving Ceremony (Finals) Ski Jumping and Nordic Combined**

- The respective overall winners (The top 3 athletes receive medals)
- The winners of the Nations Cup receive the Alpencup trophy. The trophies have to be obtained by the organizers

The medals for the top three are ordered and by the Nordic Commission and will be brought by the OPA Coordinator. The costs will be covered by the OPA nations.

### **Individual Events Ski Jumping/Nordic Combined at the OPA Games**

- The first six athletes in each class receive a trophy and/or present from the organizers. The first three athletes receive the OPA medal in addition.

### **Team Event**

- The first three teams receive the OPA medals

### **Overall Ranking**

- The best nation receives a challenge cup, which is produced by the OPA. The overall ranking is made up by the best two Ski Jumpers (male/female) per nation and category and the two best Nordic Combined athletes (male/female) per nation and category. The medals are ordered and by the Nordic Commission and will be brought by the OPA Coordinator. The costs will be covered by the OPA nations.

The prize giving ceremonies of the individual events and the overall ranking will be conducted in a small festive event on Saturday night to which all athletes, coaches and service staff are invited by the organizers. The prize giving ceremonies for the team events are held 15 minutes after the end of the respective competition at the jumping hill or in the finish area of the cross-country race.

## 8. Cancellation of Events

The organizers are obligated to contact the National Ski Federation and the OPA Coordinator in good time in case of weather or other problems so that a replacement may be found as soon as possible.

## Contact OPA Coordinators:

<b>Coordinator Jumping</b>	<b>Coordinator Nordic Combined</b>
Jürgen Winkler	Uwe Mühlh
Thörl 39, 8983 Bad Mitterndorf	Waldstrasse 7, D-98559 Oberhof
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## Anhang Veranstalter Turnus OPA Games

2014	FRA	2026	FRA
2015	AUT	2027	AUT
2016	ITA	2028	ITA
2017	GER	2029	GER
2018	SLO	2030	SLO
2019	SUI	2031	SUI
2020	AUT	2032	FRA
2021	FRA	2033	AUT
2022	ITA	2034	ITA
2023	GER	2035	GER
2024	SLO	2036	SLO
2025	SUI	2037	SUI